

Discover your Authentic Leadership

Everyday as leaders or managers we bring ourselves to the workplace with preconceived ideas, likes and dislikes, our unique personalities, values, predispositions and experience. This is normal. Problems arise however when we apply our predispositions and values to situations without really understanding what we are doing usually going by what we prefer. Our preference is sometimes the right choice but often it's not.

Our solution

This one day programme discerns our 'default settings' - which defines who we are. Understanding the self is the first step towards identifying our authentic self – 'deciding' what is best for the moment. The next step is developing Presence, in all situations, where 'knowing' what is best in a given situation comes naturally. This is achieved by enhancing the Personal and Social capitals – key capitals for the future. Leaders also address any hidden or limiting beliefs that may stop them from performing at their best.

Core Content	Key Features
<ul style="list-style-type: none"> Understanding our 'default settings' - who you are, what motivates you, what is unique about you? 	<ul style="list-style-type: none"> An experienced facilitator with personal experience in the field
<ul style="list-style-type: none"> Discerning our 'default settings' - understanding what has made you the leader you are today and how it will help you in the future. Keeping track of emotions and moods 	<ul style="list-style-type: none"> Tools and techniques that can be used in real-life moments.
<ul style="list-style-type: none"> Personal and social capital - accountability to yourself and others 	<ul style="list-style-type: none"> Powerful questioning to challenge any limitation of beliefs, fears, obsessions
<ul style="list-style-type: none"> Questionnaire on personal and social capital 	<ul style="list-style-type: none"> Beware the authenticity caveat. Knowledge vs knowing, social intelligence
<ul style="list-style-type: none"> Enhancing personal and social capital toward greater authenticity, making lasting and positive impact through Presence 	<ul style="list-style-type: none"> Action plan and commitment to follow through in the 1 month 'field' session post programme
	<ul style="list-style-type: none"> Half day follow up after 1-2 month 'field' session